CREATURE ATLAS

Animal Fact Sheet

Name: _____ Date: _____



Appalachian Seal Salamander

Desmognathus monticola

The Appalachian Seal Salamander is a medium-sized, robust amphibian native to the Appalachian Mountains in the eastern United States. Its body is gray to brownish with scattered dark spots and a noti…

Quick facts

Classification: Amphibian
Family: Plethodontidae
Habitat: Moist forests near mountain streams and seeps
Diet: Carnivore
Conservation status: Least Concern
Lifespan: 6-10 years
Weight: 3-7 grams
Scientific name: Desmognathus monticola

Did you know?

- Despite being an amphibian, the Appalachian Seal Salamander spends almost its entire life on land, only returning to water to lay eggs.
- The Appalachian Seal Salamander is lungless, breathing entirely through its skin and the lining of its mouth. It is quick-moving and often escapes pr…

What I learned

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