

Name: \_\_\_\_\_ Date: \_\_\_\_\_



## Helmeted Iguana

*Corytophanes cristatus*

The Helmeted Iguana is a striking lizard known for the prominent, helmet-like crest on its head, which gives the species its common name. Native to the rainforests of Central America, this arboreal r...

### Quick facts

**Classification:** Reptile

**Family:** Corytophanidae

**Habitat:** Tropical rainforest

**Diet:** Omnivore

**Conservation status:** Least Concern

**Lifespan:** 5-8 years

**Weight:** 30-55 grams

**Scientific name:** *Corytophanes cristatus*

### Did you know?

- Despite being called an iguana, the Helmeted Iguana is more closely related to basilisks and belongs to the family Corytophanidae.
- Helmeted Iguanas can change color to blend in with their surroundings, much like chameleons. They often freeze in place and rely on their cryptic app...

### What I learned

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