

Animal Fact Sheet

Name: _____ Date: _____



Rock Ptarmigan

Lagopus muta

The Rock Ptarmigan is a medium-sized, ground-dwelling bird adapted for life in arctic and alpine environments. It is renowned for its remarkable seasonal plumage changes: white in winter for snow cam...

Quick facts

Classification: Bird**Family:** Phasianidae**Habitat:** Arctic tundra and alpine regions**Diet:** Herbivore**Conservation status:** Least Concern**Lifespan:** 3-7 years**Weight:** 400-700 g**Scientific name:** *Lagopus muta*

Did you know?

- The Rock Ptarmigan is the official bird of Nunavut, Canada, and was featured on the Icelandic one-króna coin.
- Rock Ptarmigans have feathered toes and legs to help them walk on snow and keep warm. Their plumage changes color with the seasons, providing excelle...

What I learned

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